



# RELAX & RECHARGE DUBAI

5 Luxurious Days of Wellness

- Group Activities/Tours
- Social & VIP nights
- Luxury Spa Treatments
- Wellness Seminars

Friday 17<sup>th</sup> - Tuesday 21<sup>st</sup> March 2017



TAILOR-MADE CORPORATE BREAKS

[www.profilecorporatewellness.com](http://www.profilecorporatewellness.com)



PROFILE CORPORATE WELLNESS

## RELAX & RECHARGE DUBAI

Our new Relax and Recharge retreats are designed to offer more 'balance' in your health & wellness endeavours. From our many years of operating retreats, our clientele have helped us design a more laid-back itinerary.

The prime purpose of the break is to refresh your spirit away from work, keeping active and recharging your batteries, with lots of space and time to relax.

We have everything on hand for a fully managed itinerary, including an amazing childcare and kids club to entertain your children for the whole day if required! Evening babysitting can also be arranged. These are fully licensed and trusted services that we have used before with our own children.

### SAMPLE DAILY ITINERARY (all optional)

7:30am – Marina/promenade jogging or beach 'wake up' session

8:00am – 10:00am Breakfast

10:00 - 18:00 Free-time/Tour/Time to Explore/shopping

19:30 Evening Training or Wellness Seminar

20:00 Dinner, Drinks and Free-time

*The itinerary is a **drop-in** itinerary so you are free to choose as you go.*



#### Prices include:

- Return flights
- Dubai transfers
- Hotel with breakfast
- Fitness Sessions
- Group Activities

#### Price Excludes

- Specialist Tours
- Spa treatments
- Kids club
- Lunch & Dinner





PROFILE CORPORATE WELLNESS

## RELAX & RECHARGE DUBAI

**FLY** Malta to Dubai with Emirates on March 17<sup>th</sup> 2017 with pre-arranged seating as a group.

*Option to make you own way there if you are not Malta based.*

**STAY** at one of Dubai's super luxurious hotels close to the beach, with all the facilities for your total wellness break.

**TOURS** are arranged specifically for the group with a menu that includes Dubai's top attractions. **Choose from:**

- Desert Safari & 4x4 Sand Duning
- Sky Dive Training
- Day at the Races
- Indoor ski-ing at Ski Dubai
- Wild Wadi & Atlantis Waterpark
- Shopping at Dubai Mall

**SPA** treatments are available at the amazing hotel spa, which includes massage, beauty treatments, hot tubs and relaxation pools

**SEMINARS** and health talks are held on a range of topics including nutrition, posture, stress and training.

**FITNESS** sessions can be personalized and group sessions which can include:

- Marina morning jogs
- Tennis/Golf
- Beach Bootcamp classes
- Personal Training in the gym

### PRICE

including, flights, airport transfers, hotel and wellness retreat

**€3,750**



#### Prices include:

Return flights  
Dubai transfers  
Hotel with breakfast  
Fitness Sessions  
Group Activities

#### Price Excludes

Specialist Tours  
Spa treatments  
Kids club  
Lunch & Dinner